

Coaching Players In The Role Of Team Skip: workshop

A full day workshop proudly sponsored by CLUB SUNBURY

Hello fellow players, skips, coaches, selectors and various club officials.

Our pBus bowls squad is convening a bowls workshop we are calling ***“See you at Sunbury” - Calling all coaches and pennant skips.***

The focus of the workshop is specific to *Tactical decisions / skills & communications skills of and for skips.*

Keep reading to discover why we are promoting this *workshop* held from 10 a.m. to 5 p.m. Sunday 30 May, 2021 at Sunbury bowls club, 49 Riddell Rd, Sunbury.

I think players wishing to be a pennant skip need practical training in all aspects of skipping.

The sessions are intended to be informative, yet dismissive of lacklustre approaches evident in skipping and providing ways to do it, skipping better.

We have secured this year a few presenters and coaches with international / national experience, which enables this event to be memorable.

Who might be interested in attending?

Bowlers keen to step into skip roles.

Newer bowlers simply eager to access information about a future role for them.

Selectors who choose skips at our clubs - hire the inspired as skips, please.

Club committee members wishing to elevate their clubs' pennant standing by having better skips.

Current skips eager to develop their skills further.

Coaches who can take this Workshop information back to their own clubs.

Workshop Information

Workshop

The workshop has six brief 10-minute presentations spread over the day and six on green practical sessions, around an hour each, hence the workshop is of full day duration.

There are six brief presentations during the day in the clubhouse covering:

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|-------------------------------|-----------------------------|
| 1. Competition considerations | 4. Language = communication |
| 2. Game plans as tactics | 5. Thinking hard(ly) |
| 3. Teamwork wins finals | 6. Skips skills described |

There are six practical on green demonstrations during the day to include:

1. Innovative training for team skips
2. Team game plans
3. Observing skip calls and decisions
4. Reversal of roles in team positions
5. Simulating heads for decision making choices
6. Creative games for skips training - bocce; and jacko or 'noughts & crosses.'

The *pBus* bowls squad will be providing the presentation and coaching services for the COACHING SKIPS workshop series as we have international coaches, club head coaches, national players and national champions within our bowls squad.

PREAMBLE:

It is estimated that BV has maybe a capacity to provide positions for up to eighty two (82) prospective coaches for elite level competition within Victoria.

Our sport should thus provide some PD to keen coaches to elevate their skills to be even better coaches, elite level even and to be comfortable enough to apply for these prospective 82 positions knowing as coaches they satisfy required coaching skills.

How good would that be to know as a club you had eighty two (82) suitably experienced applicants for your head coach position?

Fantastic!!!

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Wouldn't it be a beautiful day when all premier league and division one teams, and all Regional teams in Victoria have a well trained elite coach to service their aspirations.

The major area of deficiency in our sport as I see it is the training of skips, or the lack of to be exact, which will be the focus for the workshop, held Sunday 30 May 2021.

It is about time our sport elevated the skills of skips, certainly for players competing at a higher level of competition where ideally we get to learn best practices.

To that end I have endeavored to plan and plot a coaching workshop series for Coaches & Skips. Coaches can influence the skill development of skips, whatever the level.

We pick up our knowledge of bowls by playing, and observing good, experienced players. But what are you observing?

Let me tell you I have seen some examples of skips at premier league, national and international competition level who were honestly dreadful.

Bad sports, bad tempered, blame others, abstain from responsibility, limited team, and communication and mental skills and to an extent flawed tactical skill. People management, non existent.

That's what you bowlers often observe without you then rejecting the example as unsatisfactory.

With regards to skipping fours teams, the player in that role must have a kitbag of skills to include technical competence, tactical nous, mental skill, people management, team oriented skills and communication skills.

Too often the skip has an abundance of the technical stuff, a certain amount of the tactical, some small degree of mental skill, a minimal amount of people management and team skill and for some skips, a limited grasp on communication skill.

Most skips had no training for this role.

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Many skips never had leadership roles in their career yet get a gig in this leadership role in bowls teams, even, heaven help me, at elite level bowls.

Most Skips do not prepare their team to play to a plan.

Most skips don't have a (game) plan and a specified objective for every player.

They get to Skip simply because they push for it as that role as skip has them continuously involved in the game, which they need for their little egos.

Commitment to the team exists in whichever of the four positions you compete.

If we care about our coaching services, meeting player expectations and making an impact (on their improvement) is a necessary objective.

We coaches who offer tomorrow what we offered today are already behind. Let's not leave those bowlers behind.

And methinks, the Workshop is a long time coming, wanting to improve skipping in teams.

Registration and payment

The Workshop is limited to fifty (50) registrants to make the program meaningful, educational and informative for attendees.

Registration occurs by a bank transfer from your own bank account to this Bank account

Account name - Club Sunbury

BSB no. 083-346

Account no. 516062181

Reference-your name and 'Coaching skips'.

Once bank transfer payment of \$75 is complete, contact Club Sunbury at email bowls-team@sunbowl.com.au

providing please receipt of payment, your full name / address / email address / mobile phone details; your bowls club name; any special dietary request.

Confirmation of registration will be advised on return email when your email application is received.

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Workshop Fee

\$75 includes printed handout notes, a video clip, six presentations, a full day of practical bowling sessions with various involvement & a buffet lunch.

You will notice the entry fee amount.

Take heart, you will get your monies worth

A full day program

Highly reputable presenters & coaches

Your involvement in the practical on green sessions

A showbag with printed notes, courtesy of Club Sunbury

A buffet lunch to satisfy your hunger

And as a follow up we intend producing a YouTube video for ongoing access.

Equipment

Although most of you will be sought to deliver bowls there is no real need to bring your bowls as we will use club bowls. Bowls shoes are your only necessary equipment.

Feel free to spread the word and the flyer about this *workshop*.

Thank you in anticipation of your attendance.

Lachlan Tighe, April. 2021