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Communication: Bowlers Skill Competency

This article is for a coach or bowler, especially if a skip or third in a fours team, evaluating all the communication skills of bowlers, especially that elite bowler with reference to their training performance, and competition performance.

Also when doing the regular reviews (weekly, monthly or quarterly) use a ratings score from an excellent at ten (10) down to a dismal one (1). Any score below a five for a Skill would suggest a real NEED to improve in that skill.

The coach and the bowler need a mechanism to evaluate performance, both at training and in competition. An alpha score could alternatively be inserted into each box below when doing the regular review where the four alpha letters used:

E = excellent, G = good, A = average, B = below average (in skill or performance, i.e below a 50% capacity). Skills scored B suggest a real NEED to improve for that skill.

COMMUNICATION SKILL

- ☑ verbal language, positive
- ☑ body language, positive
- ☑ social skill level
- ☑ clarity versus ambiguity in instruction

Communication Self Knowledge

- Do you know your capability using general communication skills?
- What are your strengths in communication skills?

COMPETENCE OF A SKIP

Communication skills

As Skip do you:

Convey directions clearly?

Indicate where their bowl will finish if the player misses?

Offer his player a good percentage shot?

Protect a player? ie. Not offering a dubious drive.

Get 'grumpy' with his players?

Get on well with his players? If not - watch out.

Leave the rink and the team unsupervised during the contest?

Behave poorly - (body language)?

Have a good attitude to all - including his opposition?

Accepts advice from his team?

Only tolerates advice from his team?

Attitude: all about practising habits

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Talk to his players on the change-over?

Appear courteous at the start of the game?

Appear positive to your teammates throughout?

Applaud good deliveries early and publicly?

Accept delivery errors with calm?

Engage your teammates at all times, more so at crossover?

Display trust in the calls of the third?

Allow your eyes to see how teammates are feeling at times?

Allow pressure to be negatively on display?

Have a game plan shared with the team beforehand?

Describe to players before what their role in the position will be?

Have mid-rink meetings mid-game to encourage your team?

Laugh and express a sense of fun skipping this team?

Lachlan Tighe, 2018

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