Website column <u>www.lachlantighebowls.com</u> Climbing the ladder of success

Climbing the ladder of success

The questions to ask is do you want success, do you have goals beyond doing well in the next event you enter.

If you have regularly done well, yet still not achieving success, have you thought to sit and reflect on what is stifling the road to success?

It could well be you are repeating the same limited skills, the same unsuccessful game strategy.

So how are you going to take your own game further to feel the thrill of that success?

First and foremost you need to let go of the rung below to allow you to reach up to the rung above.

Meaning:

Up the number of times you train to what was being done previously. Give purpose to all future training sessions.

Stop playing so much and train more.

Enter specific events, such as singles events, and for a time forego entering other events like low profile fours events.

Sit and reflect on your strengths: length, deliveries, etc. and go out and move them up another rung on the skill ladder.

Give purpose, a game plan, for every event you enter.

Compete and on completion appraise how you performed: objectives, game plan etc., to learn more in readiness for the next effort you make to succeed.

The top of the ladder takes time and effort to climb. The next rung is closer, shorter, right there, achievable.

In the long run the rungs add up and before you know it you have got to the top, your rung of success.

Start the climb, it is a great feeling.

Lachlan Tighe, 2021